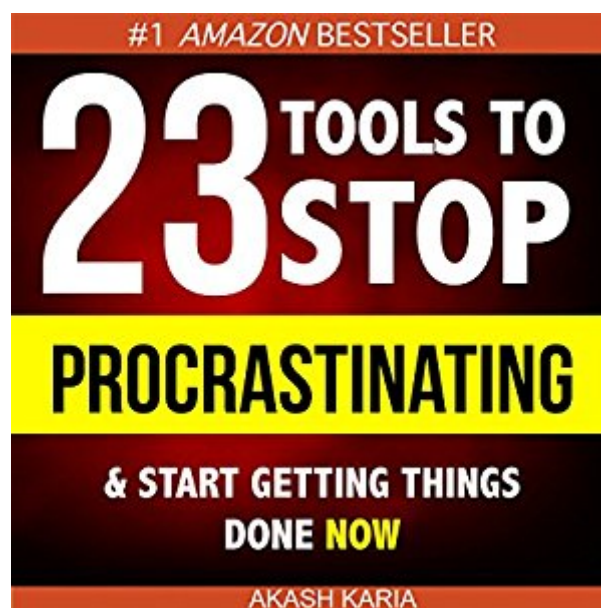




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# Ready, Set...PROCRASTINATE!: 23 Anti-Procrastination Tools Designed To Help You Stop Putting Things Off And Start Getting Things Done



## Synopsis

**DISCOVER** how to Stop Procrastinating & Start Getting Things Done Do you find yourself often putting things off till "tomorrow"? That book you wanted to write? "Tomorrow". That email you're supposed to send? "Tomorrow". That project you said you'd start yesterday? "Tomorrow". Packed with 23 tools on how to stop procrastinating, get motivated and start getting things done, Ready, Set, Procrastinate! will prove to be an indispensable resource for those who want to get the most out of life.

**DEVELOP THE "NOW" HABIT** If you want to stop dreaming and start doing, you must develop the "now" habit. This book will show you how to do just that. In it, you will learn how to: Tackle any task using the solar-flaring technique. Complete large, complex tasks using the Lego block technique. Trick yourself into working on any project using the five-minute technique. Eliminate procrastinator-talk using a simple eight-step method. Instantly increase your motivation using two simple words.

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Ready, Set...**PROCRASTINATE!**: 23 Anti-Procrastination Tools Designed to Help You Stop Putting Things off and Start Getting Things Done **Beat Procrastination: Proven Methods for Motivation, Productivity, and Getting Things Done!**: No Psychological theory, just simple solution to help you beat procrastination and take your life back! **Anti Aging: The Best Anti Aging Beauty Products, Anti Aging Medicines and Anti Aging Skin Care Treatments to Make You Look and Feel Younger** (Anti Aging, ... Secrets, Anti Aging Diet, Beauty Products) **Time Management: Guide to Time Management Skills, Productivity, Procrastination and Getting Things Done** (time management, procrastination, productivity, ... successful people, efficiency, schedule) **ANTI INFLAMMATORY DIET: ANTI INFLAMMATORY COOKBOOK: ANTI INFLAMMATION: 500 Healthy and Delicious Anti Inflammatory Diet Recipes to Heal your Immune System**(anti ... inflammatory foods, allergen management) **Productivity: Become a Master in Getting Things Done** (Managing, Time, Energy, Procrastination, Procrastinator, Management) **Anti Inflammatory Diet: Guide to Eliminate Joint Pain, Improve Your Immune System, and Restore Your Overall Health** (anti inflammatory cookbook, anti inflammatory ... recipes, anti inflammatory strategies) **Anti Inflammatory Diet: 5 Week Anti Inflammatory Diet Plan To Restore Overall Health And Become Free Of Chronic Pain For Life** ( Top Anti-Inflammatory Diet Recipes, Anti Inflammatory Diet For Dummies) **10 Years Younger: Breakthrough Antioxidants That Reverse The Aging Process, Diminish Wrinkles And Help You Lose Weight For Good!** (Anti-Aging, Anti Aging, ... Superfoods, Aging, Wrinkles, Anti Wrinkle) **How to Stop Procrastination & Get More Done** **Self Help: How To Live In The Present Moment** (Self help,

Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) You're Broke Because You Want to Be: How to Stop Getting By and Start Getting Ahead Stop Smoking: Now!! Stop Smoking the Easy Way!: Bonus Chapter on the electronic cigarette! (Quit Smoking, Stop Smoking, Blood Pressure, Heart Disease, Lung Cancer, Smoking, Stop) Ready for Anything: 52 Productivity Principles for Getting Things Done The Anti-Inflammatory Diet: Rich Anti-Inflammatory Foods to Cut Down on Inflammation - Over 25 Anti-Inflammatory Recipes You Will Love The Get it Done Divas Guide to Business: The Definitive Guide to Getting it Done and Standing Out as a Leader and Expert Anti Aging Essentials, Secrets and Tips: Your Midlife Encyclopedia, Improve Diet, Exercise, Skin (Look and Feel Younger, (Anti Aging Secrets, Anti Aging Diet) Paleo Anti Inflammatory: 500 Paleo Anti Inflammatory Spiralizer and Air Fryer Recipes: Paleo Cookbook, Breakfast, Lunch, Snack, Quick and Easy Healthy Recipes for Weight Loss, Anti Infammatory Anti Inflammatory Diet Action Plan: 6 Week Meal Plans To Heal Yourself With Food, Restore Overall Health And Become Pain Free (Anti Inflammatory Diet, ... Anti Inflammatory Diet Plan) (Volume 2) Anti Inflammatory Diet Action Plan: 6 Week Meal Plans To Heal Yourself With Food, Restore Overall Health And Become Pain Free (Anti Inflammatory Diet, ... Anti Inflammatory Diet Plan Book 2)

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